

SPIRITUAL WELLNESS: THE ORPHAN MENTALITY DISCUSSION GUIDE

When the sons and daughters of God possess a healthy perspective fruitfulness results and the world becomes a better place.

The spirit of Ishmael (heart of an orphan) wars against the spirit of Isaac (heart of a son). This seems to be the dominating spiritual battle on the earth.

John 14:18-21 I will not leave you as orphans; I will come to you. Before long, the world will not see me anymore, but you will see me. Because I live, you also will live...The one who loves me will be loved by my Father..." NIV

Jesus didn't die on the cross so God could be your Master. Jesus died on the cross so God could be your Father.

Adam and Eve experienced deep fellowship with God, their Father before the Fall. Their sin brought disconnection producing an orphan spirit causing untold damage! This is why we see Jesus restoring this kind of Father language to humanity.

God's plan is for us to hear his voice together as a family. This is why we start each group with the first question:

DISCUSSION QUESTION:

1. Where are you reading in your Bible and what are you sensing from God?

The orphan mentality has a preoccupation with provision and protection. When we accept the love of our Heavenly Father in our brokenness and insecurities we are restored and healed.

Genesis 3:7-8 *Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves. 8 Then the man and his wife heard the sound of the LORD God as he was walking in the garden in the cool of the day, and they hid from the LORD God among the trees of the garden. NIV*

After the fall, Adam and Eve were aware of their nakedness motivating them to provided covering for themselves and hiding from God.

DISCUSSION QUESTIONS:

2. Name something you once felt shame or embarrassment about that is no longer shameful or embarrassing.
3. Name something in your life that brings you a sense of peace because you have it but without it or if it is threatened you are no longer at peace?
4. Name a certain aspect of your life that has been healed or made better by receiving the unconditional love of God?
5. What aspect of yourself are you the most defensive about? What might you need to grow to trust God with in order to see this transformed?

We Bring GP2RL Action Point:

Ask God to help you see what makes you feel most vulnerable and then discuss with God.